$1 buys $8 worth of food or 3 meals for hungry children and adults through Harry Chapin Food Bank.

$3 buys 2 Wanderer’s Bracelets for people with dementia at Alvin Dubin Alzheimer’s Resource Center.

$4 buys school supplies for a child in the after-school reading program at Catholic Charities AFCAAM.

$7.50 buys a nutritious meal delivered to a homebound older person from the Friendship Center.

$20 buys a pair of shoes for an abused child who comes to Children’s Advocacy Center with nothing.

$50 buys resistance bands for 20 Parkinson patients attending strengthening classes to prevent falls.

$100 buys 4 meals for a child for every weekend during the school year at Blessings in a Backpack.

$200 buys a night of shelter, food and counseling for a homeless family of 5 at The Salvation Army.

$500 buys 5 sessions of therapy for a sexually abused child at Children’s Advocacy Center.

$1000 buys 10 hours of family therapy at SalusCare for a family struggling with the mental illness of a child.